



FTWW

Fair Treatment for
the Women of
Wales

Endometriosis is a key campaign area for FTWW

Why is it important?

- At least 1 in 10 women live with endometriosis, but research shows anyone can have it
- Despite this, it takes an average 10 years to diagnose in Wales
- Symptoms are often normalised, dismissed, or considered taboo
- Training to identify and treat endometriosis is not adequate
- There is not enough specialist healthcare for endometriosis in Wales.

What are we doing about it?

- We support patients to access the care they need
- We empower our members to have their voices heard
- We work with Welsh Government and the NHS to develop resources like Endometriosis.Cymru
- We raise awareness of endometriosis – including in workplaces
- Our work has led to the appointment of endometriosis nurses across Wales and the condition being prioritised in the 10-year Women's Health Plan.

FTWW is the only patient-led charity in Wales dedicated solely to women's health equality. We support women and people assigned female at birth, including non-binary, trans, and intersex people.

Find out more about FTWW
Website: www.ftww.org.uk

Search for FTWW
Wales on social:





FTWW

Triniaeth Deg
i Fenywod
Cymru

Mae Endometriosis yn ymgyrch allweddol i FTWW

Pam ei fod yn bwysig?

- Mae o leiaf 1 fenyw o bob 10 yn byw gydag endometriosis, ond mae ymchwil yn dangos y gall unrhyw un ei gael
- Er gwaethaf hyn, mae'n cymryd 10 mlynedd ar gyfartaledd i wneud diagnosis yng Nghymru
- Mae'r symptomau'n aml yn cael eu normaleiddio, eu diystyru neu eu hystyried yn dabŵ
- Nid oes digon o hyfforddiant ar gael i ganfod a thrin endometriosis
- Nid oes digon o ddarpariaeth gofal iechyd arbenigol ar gyfer endometriosis yng Nghymru.

Beth ydyn ni'n ei wneud?

- Rydyn ni'n cefnogi cleifion i gael gafael ar y gofal sydd ei angen arnyn nhw
- Rydyn ni'n grymuso ein haelodau i sicrhau bod eu lleisiau'n cael eu clywed
- Rydyn ni'n gweithio gyda Llywodraeth Cymru a'r GIG i ddatblygu adnoddau fel Endometriosis.Cymru
- Rydyn ni'n codi ymwybyddiaeth o endometriosis - gan gynnwys mewn gweithleoedd
- Mae ein gwaith wedi arwain at benodi nyrsys endometriosis ledled Cymru a blaenoriaethu'r cyflwr yn y Cynllun 10 mlynedd Iechyd Menywod.

FTWW yw'r unig elusen sy'n cael ei harwain gan gleifion yng Nghymru sy'n canolbwyntio'n llwyr ar iechyd a chydraddoldeb menywod. Rydym yn cefnogi menywod a phobl a ddynodwyd yn fenywod adeg eu geni, gan gynnwys pobl anneuaidd, traws a rhyngrywiol.

Rhagor o wybodaeth:
Gwefan: www.ftww.org.uk

Chwiliwch am
FTWW Wales:

