



FTWW

Fair Treatment for
the Women of
Wales

Fertility is a key campaign for FTWW

Why is it important?

- Fertility problems affect around 1 in 7 couples with over half of cases directly affecting women
- Delayed diagnosis and treatment for other health issues can impact fertility
- There isn't enough advice on how treatments for other health issues might impact fertility
- Infertility can have a serious impact on mental health and wellbeing
- Fertility problems can be seen as embarrassing or shameful.

What are we doing about it?

- We challenge taboos about fertility problems
- We raise awareness about women's experiences and needs with public and professionals
- We support those affected to seek help and advice
- We enable our members to have their voices heard in research, policy, and service design
- We ensured that fertility features in the 10-year Women's Health Plan for Wales.

FTWW is the only patient-led charity in Wales dedicated solely to women's health equality. We support women and people assigned female at birth, including non-binary, trans, and intersex people.

Find out more about FTWW
Website: www.ftww.org.uk

Search for FTWW
Wales on social:





FTWW

Triniaeth Deg
i Fenywod
Cymru

Mae ffrwythlonddeb yn ymgyrch allweddol i FTWW

Pam ei fod yn bwysig?

- Mae problemau ffrwythlonddeb yn effeithio ar oddeutu 1 cwpl o bob 7 gyda dros hanner yr achosion yn effeithio'n uniongyrchol ar fenywod
- Mae oedi cyn cael diagnosis a thriniaeth ar gyfer problemau iechyd eraill yn gallu effeithio ar ffrwythlonddeb
- Does dim digon o gyngor ar sut y gallai triniaethau ar gyfer problemau iechyd eraill effeithio ar ffrwythlonddeb
- Gall anffrwythlonddeb gael effaith ddifrifol ar iechyd a llesiant
- Mae problemau ffrwythlonddeb yn gallu cael eu hystyried yn embaras neu'n gwilyddus.

Beth ydyn ni'n ei wneud?

- Rydyn ni'n herio tabŵs am broblemau ffrwythlonddeb
- Rydyn ni'n codi ymwybyddiaeth o brofiadau ac anghenion menywod ymysg y cyhoedd a gweithwyr proffesiynol
- Rydyn ni'n cefnogi'r rheini sy'n cael eu heffeithio i ofyn am help a chyngor
- Rydyn ni'n galluogi ein haelodau i sicrhau bod eu lleisiau'n cael eu clywed ym meysydd ymchwil, polisi a dylunio gwasanaethau
- Fe wnaethon ni sicrhau bod ffrwythlonddeb yn ymddangos yn y Cynllun 10 Mlynedd Iechyd Menywod Cymru.

FTWW yw'r unig elusen sy'n cael ei harwain gan gleifion yng Nghymru sy'n canolbwytio'n llwyr ar iechyd a chydraddoldeb menywod.

Rydym yn cefnogi menywod a phobl a ddynodwyd yn fenywod adeg eu geni, gan gynnwys pobl anneaidd, traws a rhyngrywiol.

**Rhagor o wybodaeth:
Gwefan: www.ftww.org.uk**

**Chwiliwch am
FTWW Wales:**

