



FTWW

Fair Treatment for
the Women of
Wales

Myalgic Encephalomyelitis (ME) is a key campaign for FTWW

Why is it important?

- ME is a chronic and complex medical condition
- Around 80% of those affected by ME will be female
- Numbers affected in Wales are growing
- There is lots of misinformation, myths, and stereotypes which surround ME
- There is a lack of appropriate care or treatment and, currently, no cure.

What are we doing about it?

- We work with expert patients and groups to raise awareness and bust myths
- We enable patients and carers to have their voices heard
- We advocate for the inclusion of ME in reports and policies in Wales
- We encourage research into ME in Wales
- We ensured that ME features in the 10-year Women's Health Plan for Wales.

FTWW is the only patient-led charity in Wales dedicated solely to women's health equality. We support women and people assigned female at birth, including non-binary, trans, and intersex people.

Find out more about FTWW
Website: www.ftww.org.uk

Search for FTWW
Wales on social:





FTWW

Triniaeth Deg
i Fenywod
Cymru

Mae Enseffalomyelitis Myalgig (ME) yn ymgyrch allweddol i FTWW

Pam ei fod yn bwysig?

- Mae ME yn gyflwr meddygol cronig a chymhleth
- Bydd tua 80% o'r rheini y bydd ME yn effeithio arnyn nhw'n fenywod
- Mae'r niferoedd sy'n cael eu heffeithio yng Nghymru yn cynyddu
- Mae llawer o gamwybodaeth, mythau a stereoteipiau sy'n gysylltiedig â chyflwr ME
- Mae diffyg gofal neu driniaeth briodol ac, ar hyn o bryd, dim iachâd.

Beth ydyn ni'n ei wneud?

- Rydyn ni'n gweithio gyda chleifion a grwpiau arbenigol i godi ymwybyddiaeth a chwalu mythau
- Rydyn ni'n galluogi cleifion a gofalwyr i sicrhau bod eu lleisiau'n cael eu clywed
- Rydyn ni'n eiriol dros gynnwys ME mewn adroddiadau a pholisiau yng Nghymru
- Rydyn ni'n annog ymchwil i ME yng Nghymru
- Fe wnaethon ni sicrhau bod ME yn ymddangos yn y Cynllun 10 Mlynedd Iechyd Menywod Cymru.

FTWW yw'r unig elusen sy'n cael ei harwain gan gleifion yng Nghymru sy'n canolbwyntio'n llwyr ar iechyd a chydaddoldeb menywod. Rydym yn cefnogi menywod a phobl a ddynodwyd yn fenywod adeg eu geni, gan gynnwys pobl anneuaidd, traws a rhyngrywiol.

Rhagor o wybodaeth:
Gwefan: www.ftww.org.uk

Chwiliwch am
FTWW Wales:

